Arthroscopic Suprascapular nerve release, Technique & results

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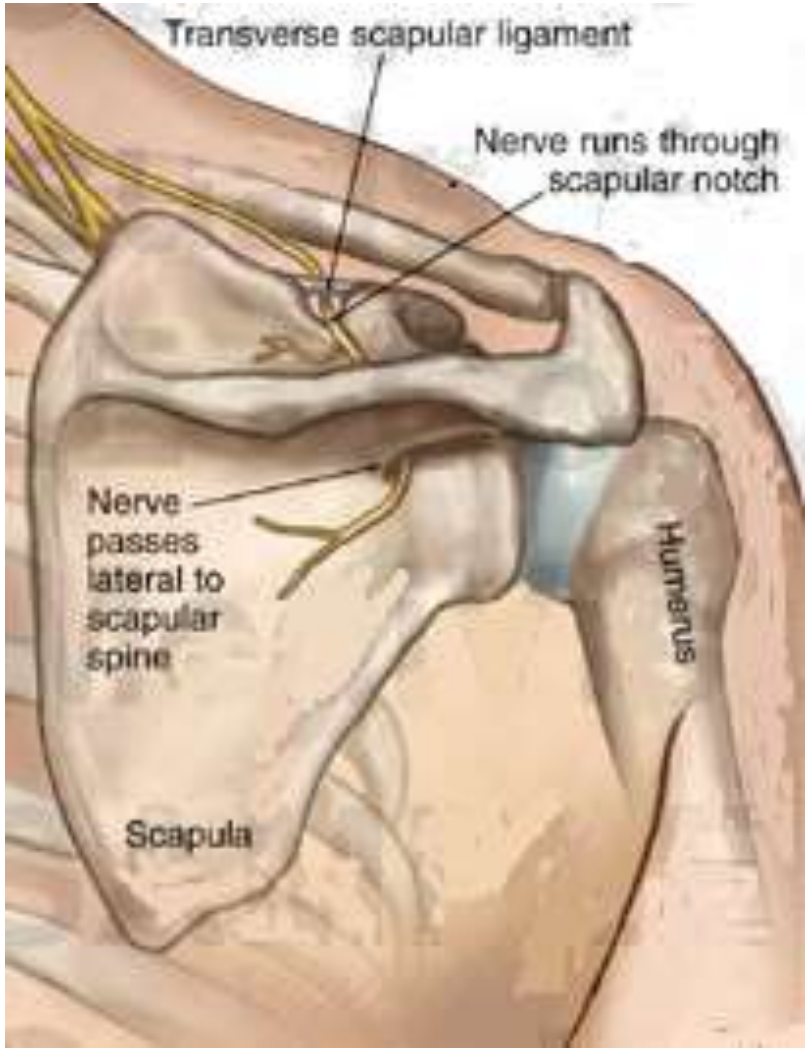
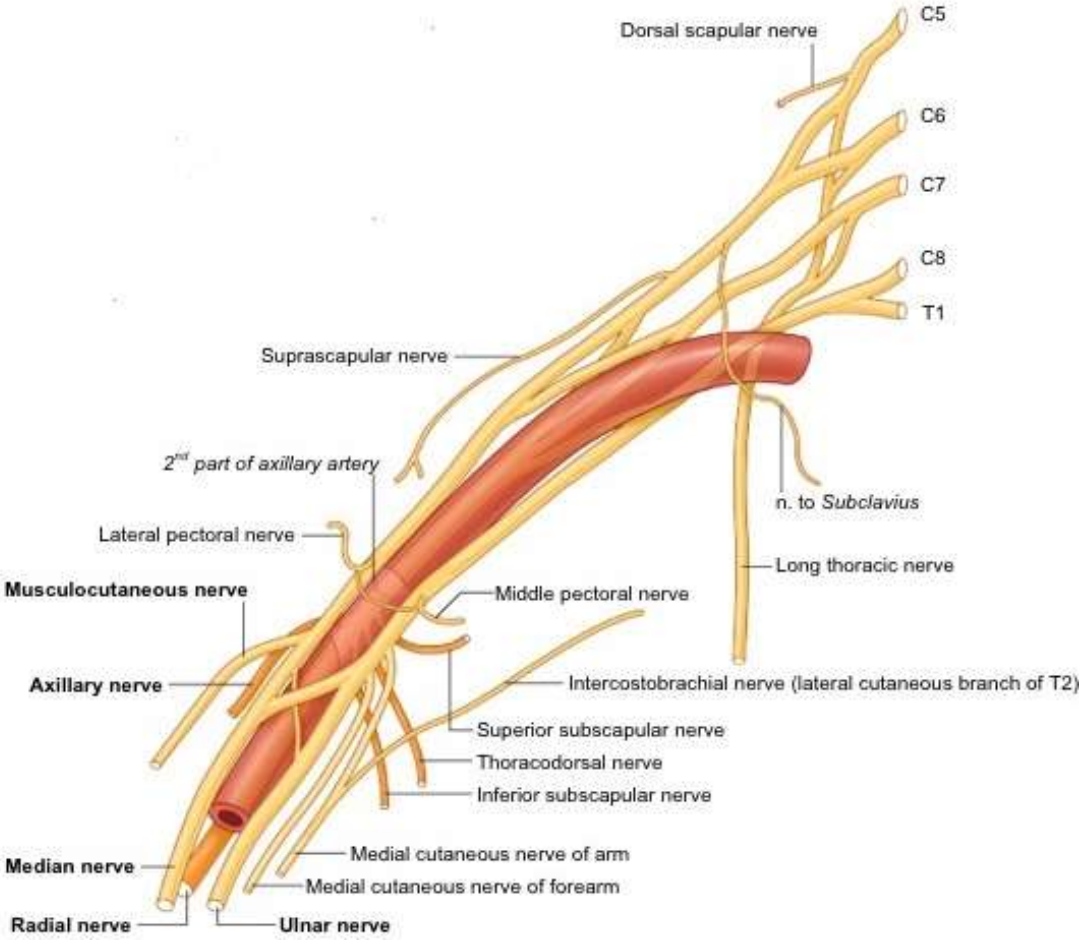
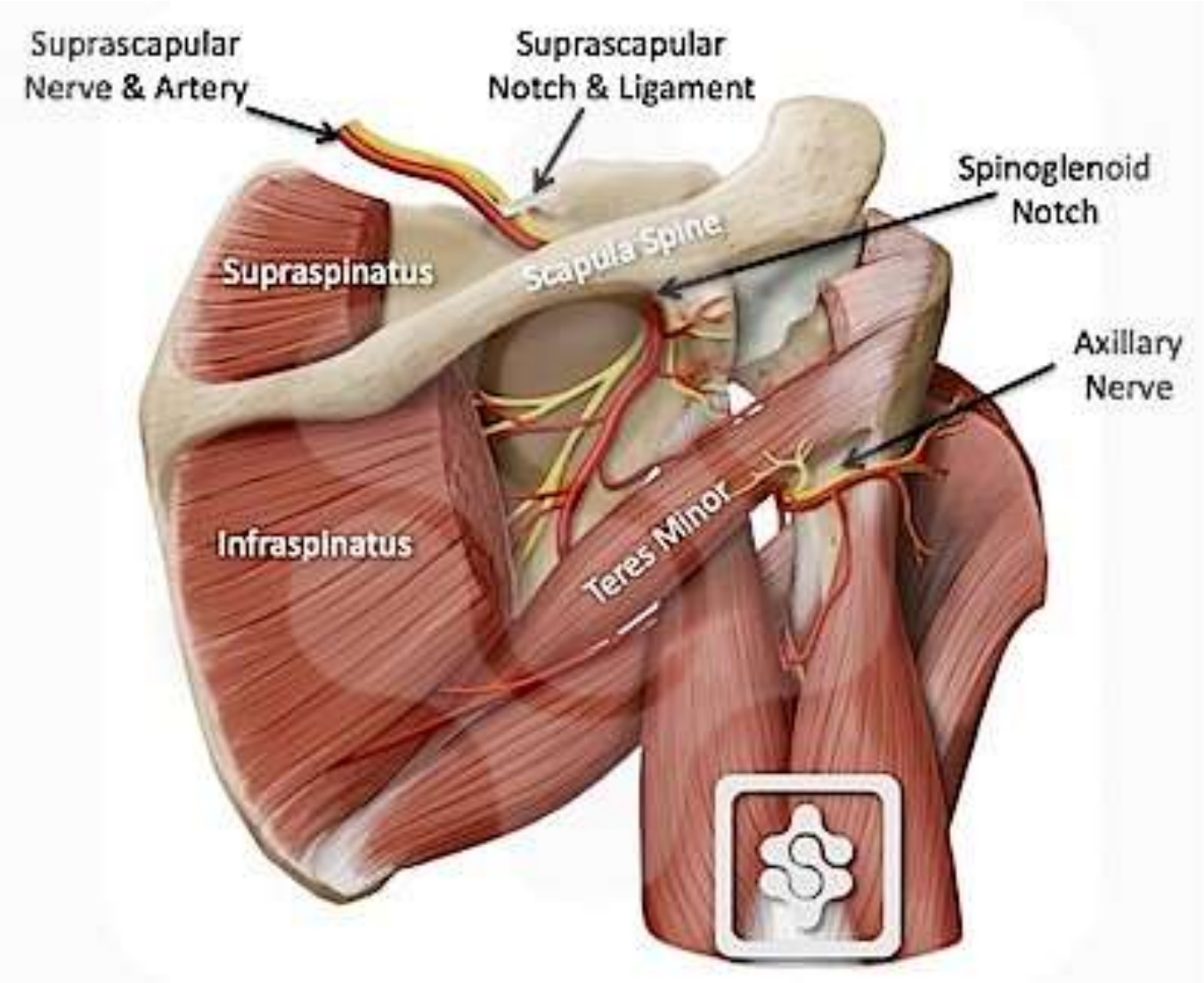
Suprascapular nerve

formed by the roots of C5 and C6



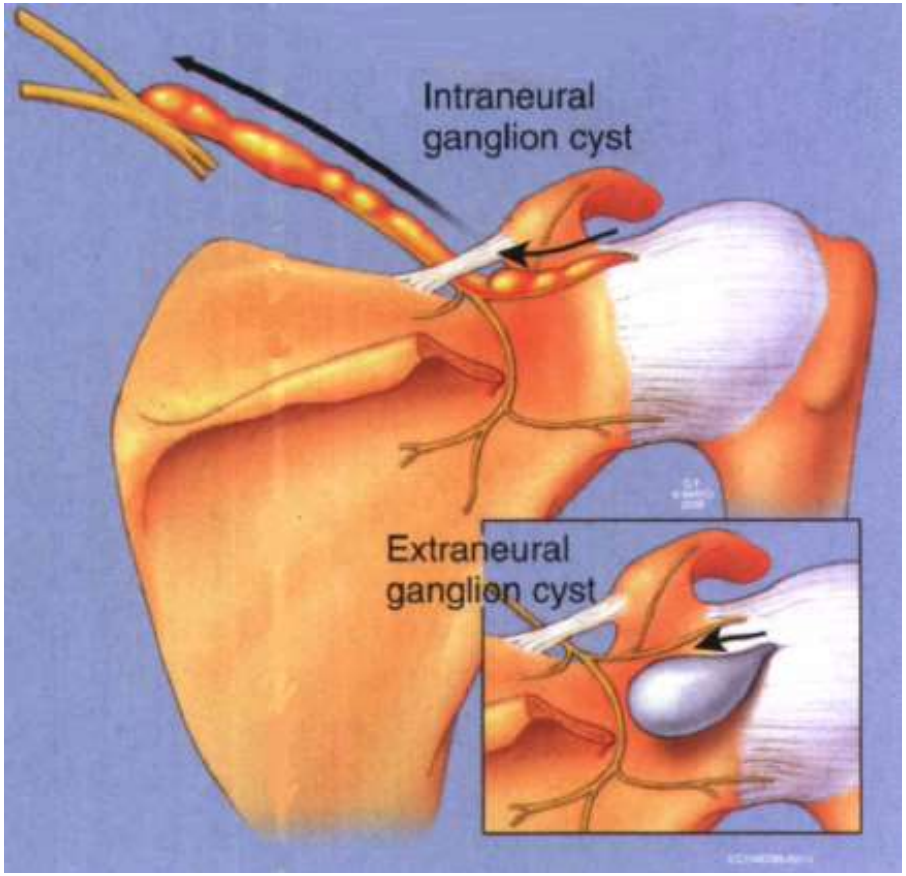


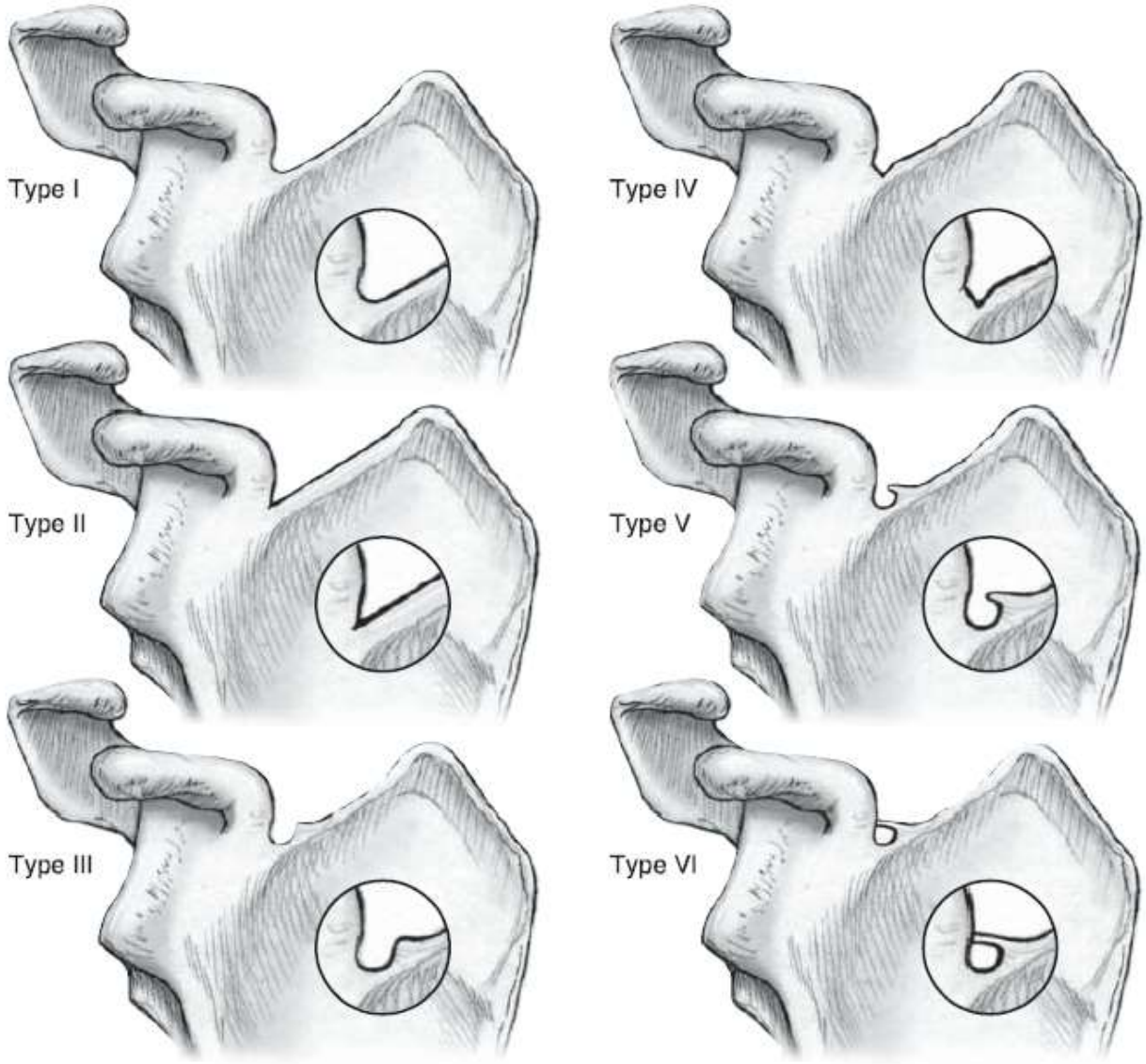
Artery accompany the Nerve



Suprascapular nerve entrapment

- **Mostly at suprascapular notch**
  - compression by transverse scapular lig.
  - narrow notch or a calcified lig. → ↑ risk
- **Lipomas and ganglion cysts**
  - compressing the inf. branch of nerve
  - at the spinoglenoid notch
  - Diagnosis by MRI
- **Compression may by Spinoglenoid lig.**

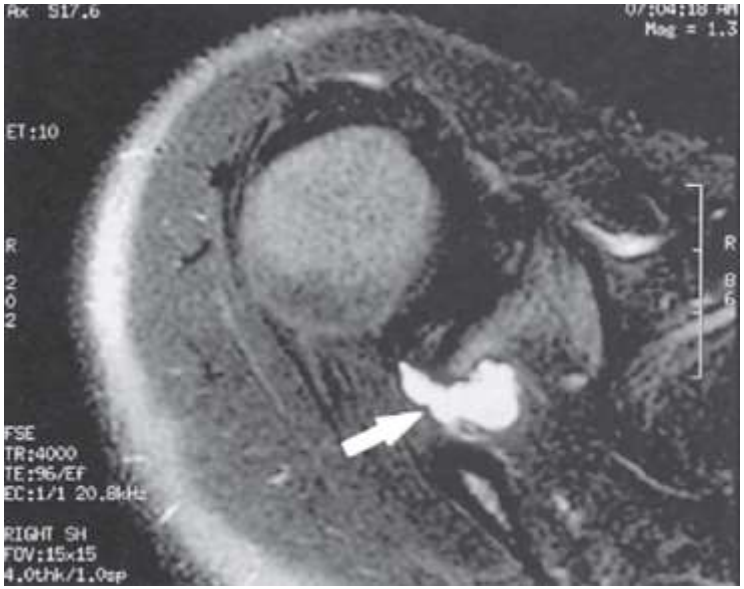


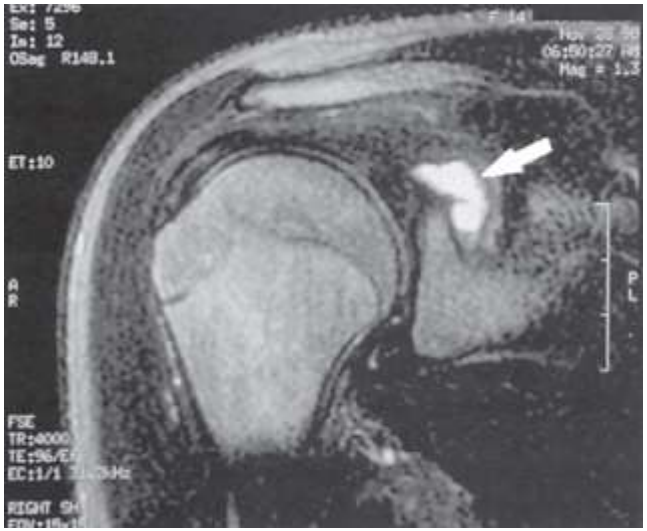


Classification of suprascapular notch morphology as destribed by Rengachary et al

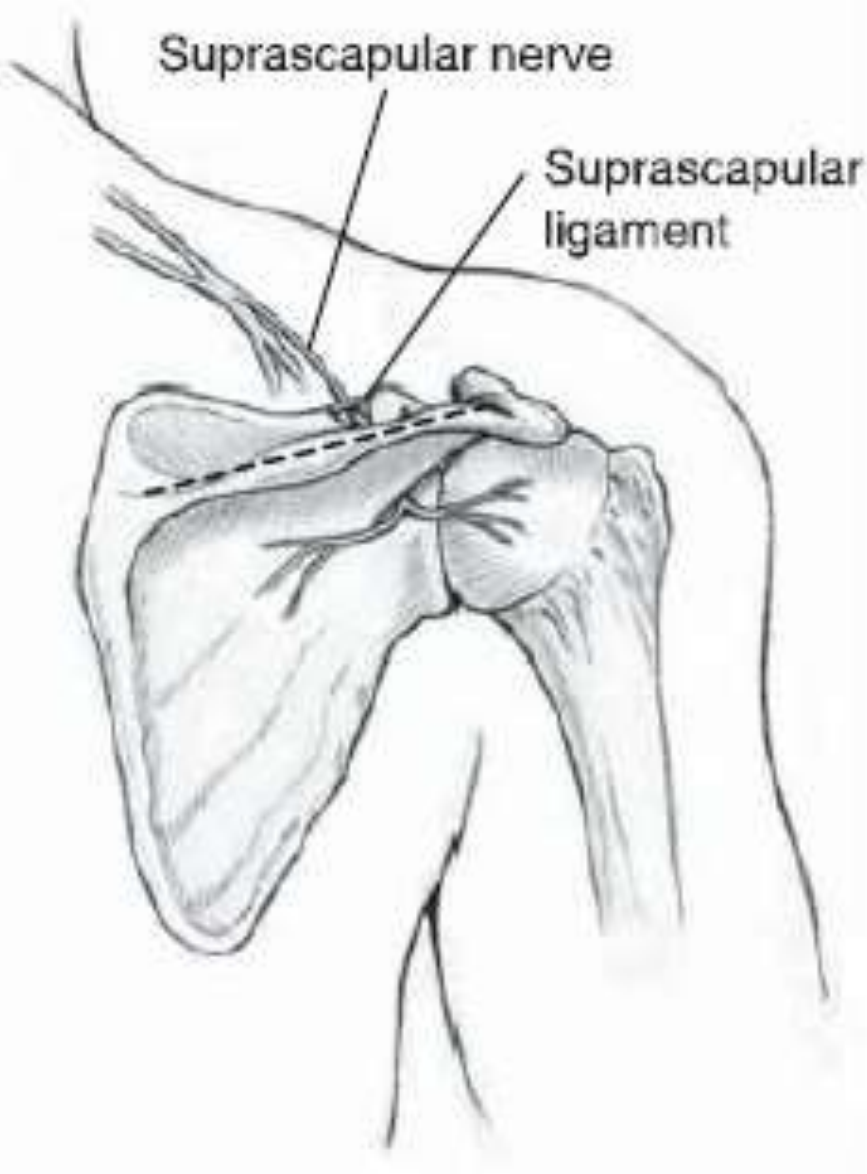
Diagnosis

- Physical exam
- MRI
- EMG





Open surgical approach for nerve release



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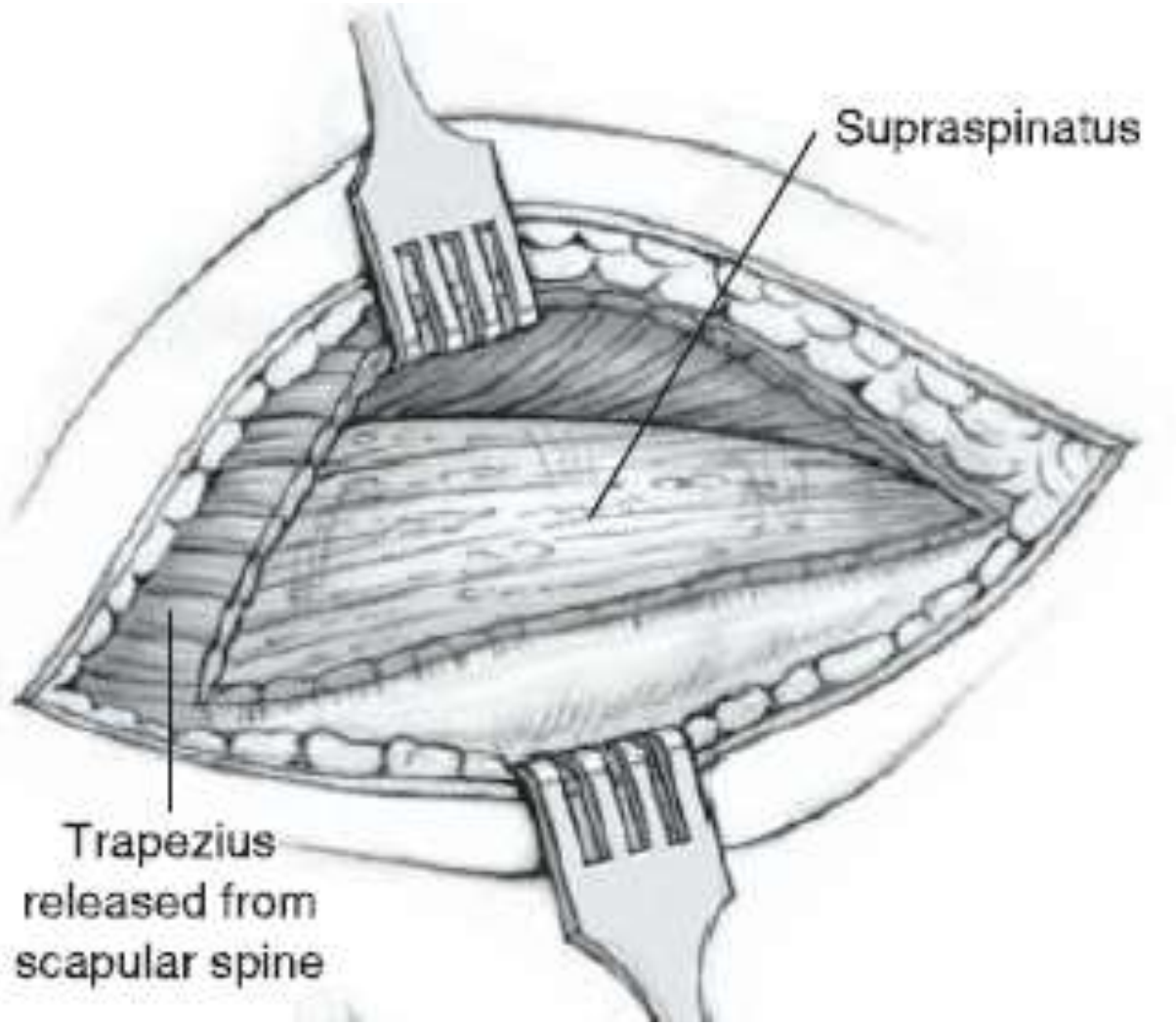
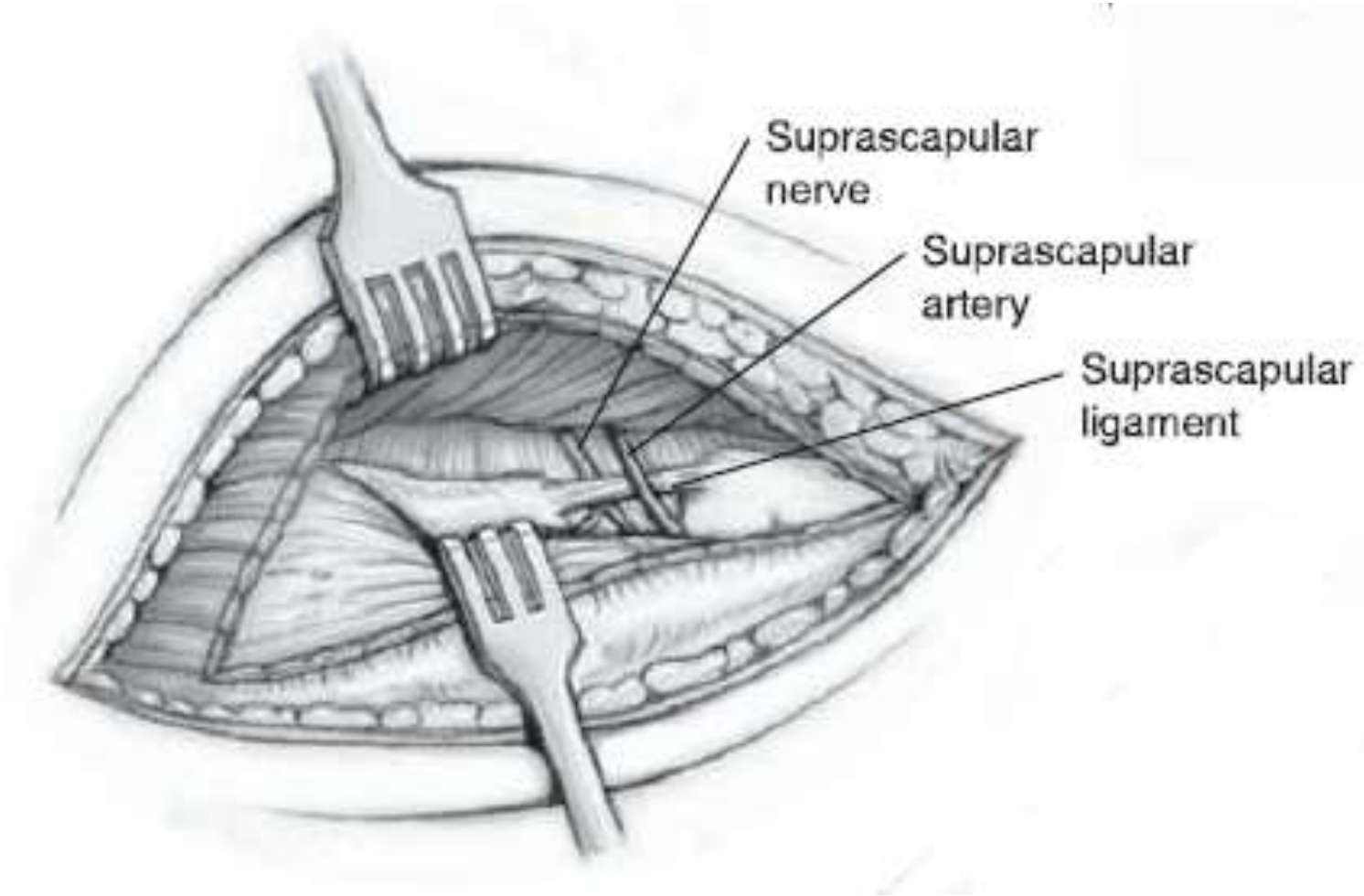
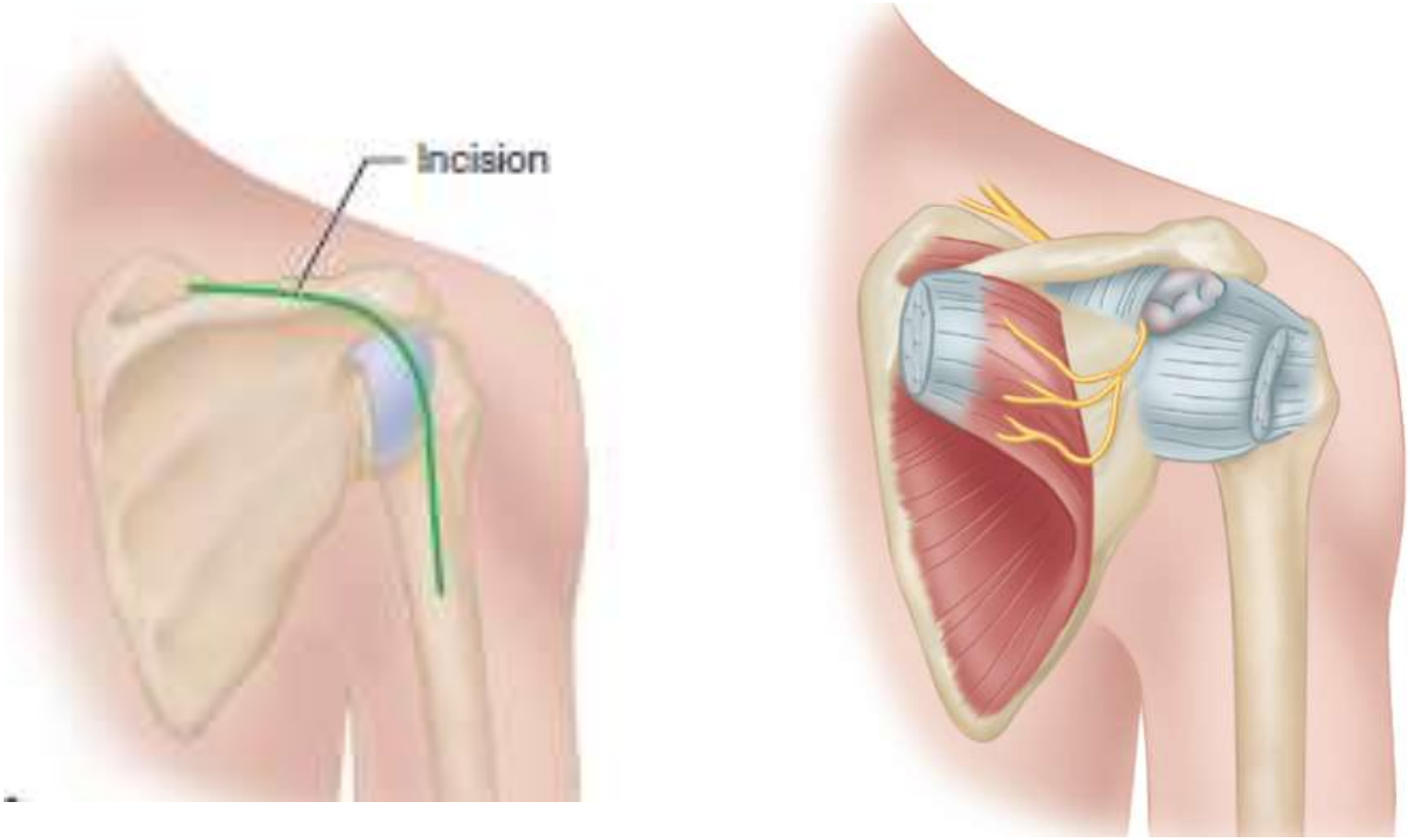


Open surgical approach for nerve release



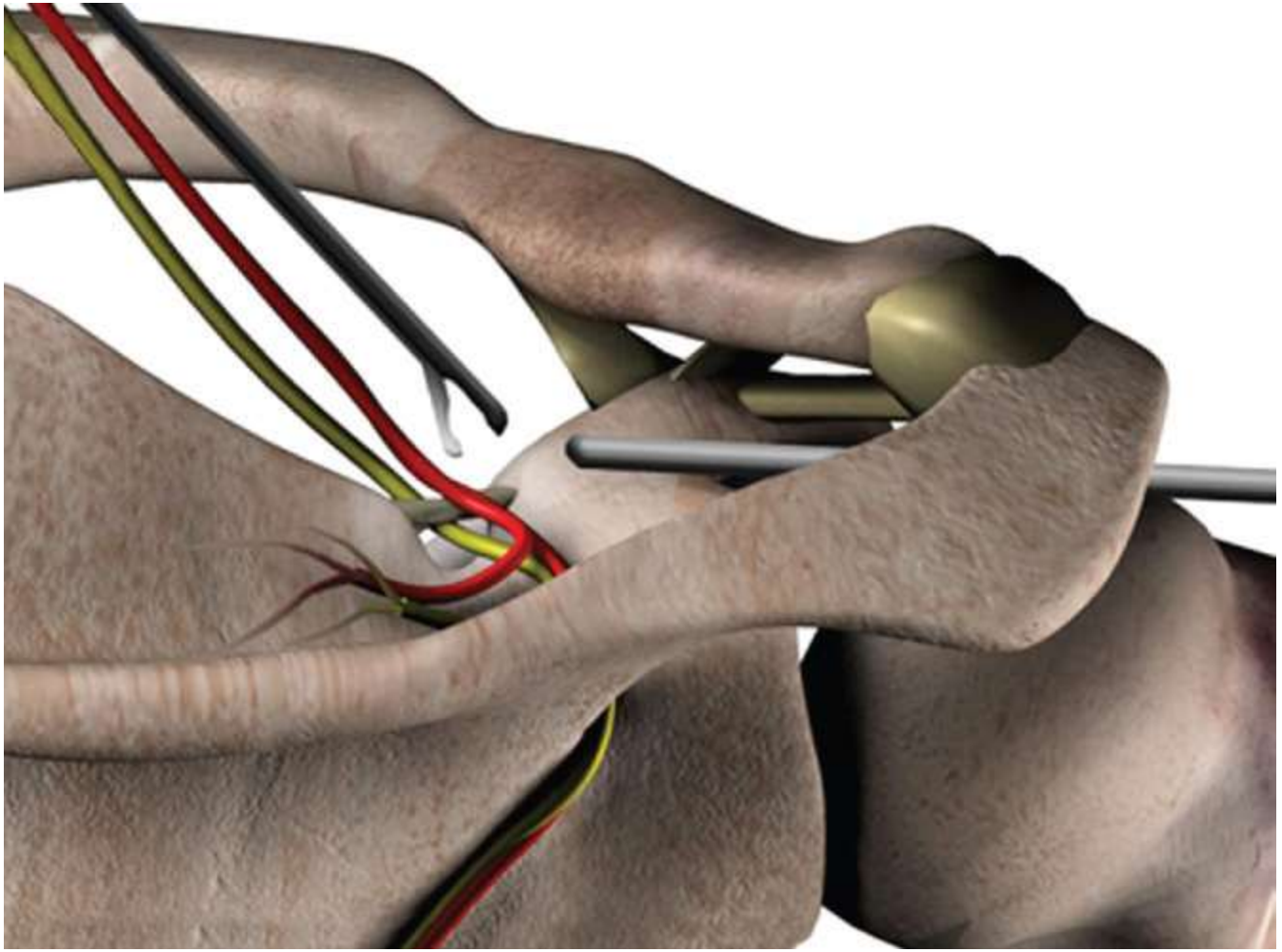
Open surgical approach for nerve release

Open surgical approach for nerve release
(In spinoglenoid notch)



Arthroscopic release

Arthroscopic release

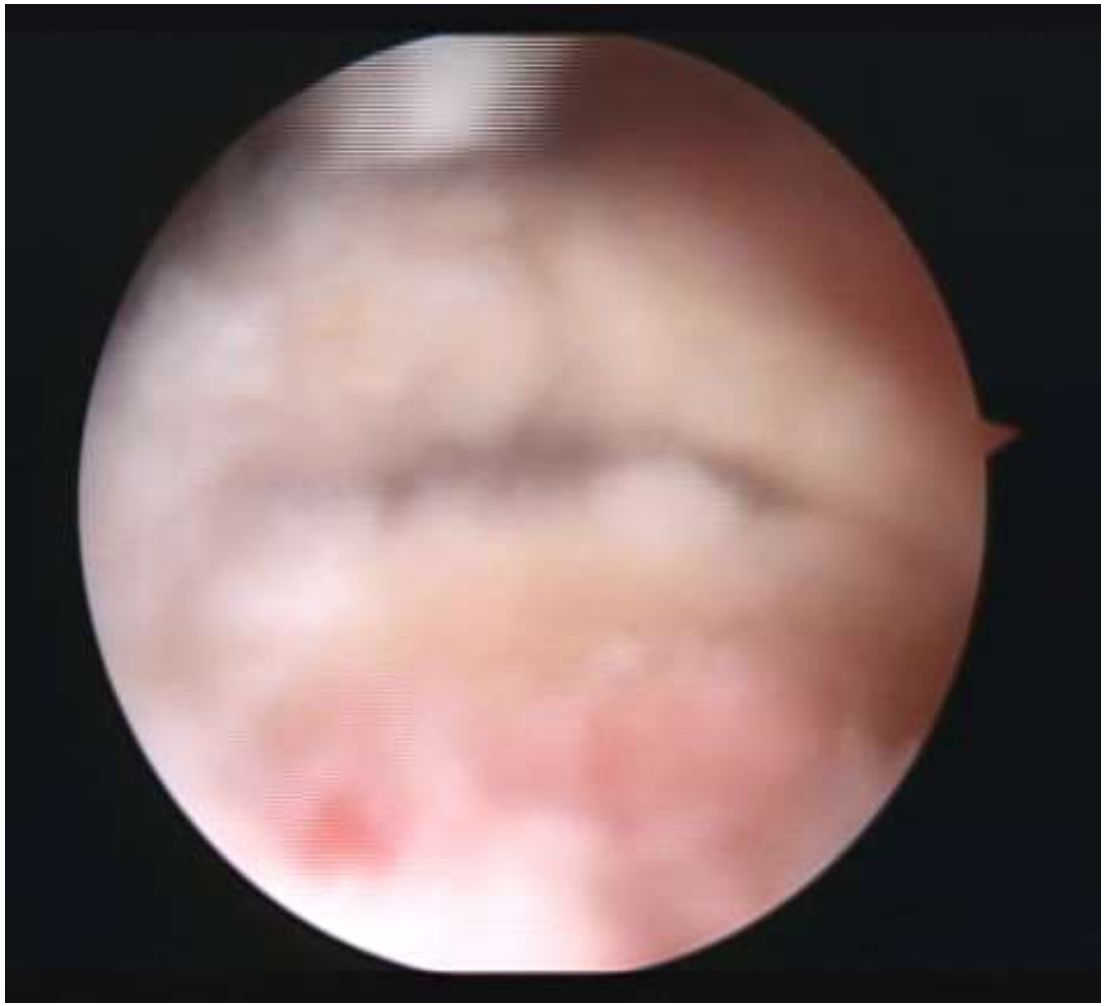


Our experience

- **6 cases**
  - one case N. entrapment in spinoglenoid notch (by a cyst)
  - 3 cases N. entrapment in suprascapular notch
  - 2 cases massive cuff repair accompanied by N. release in suprascapular notch

32 y. female with shoulder pain more 6 month, EMG → suprascapular nerve entrapment

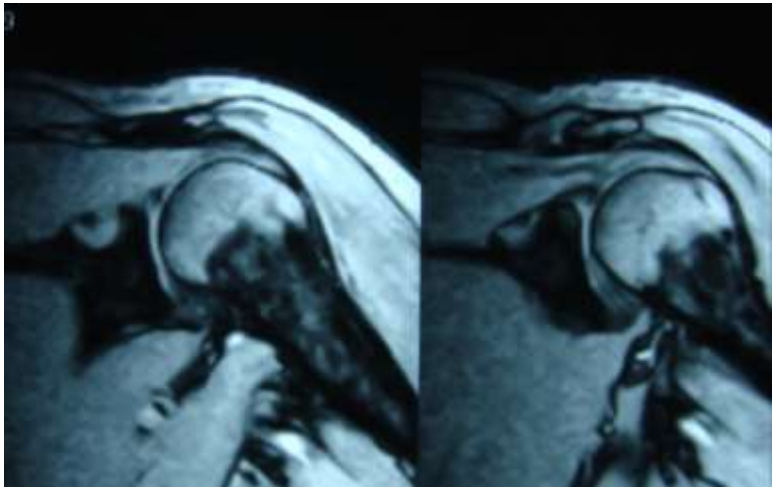
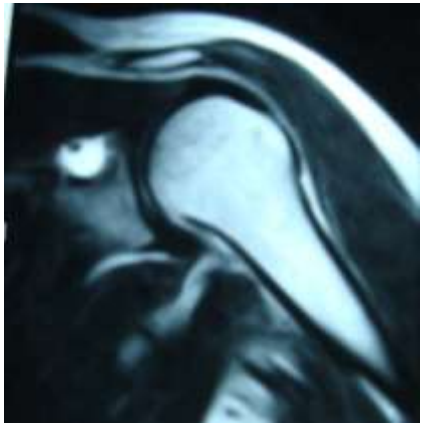
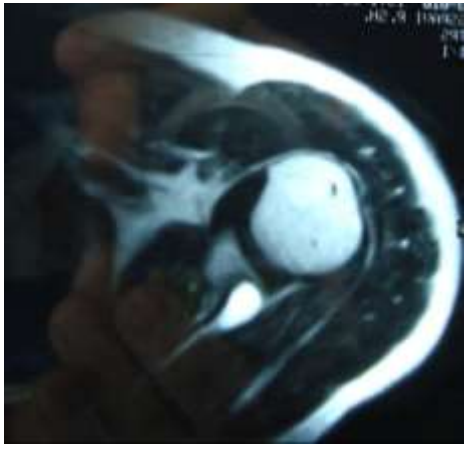
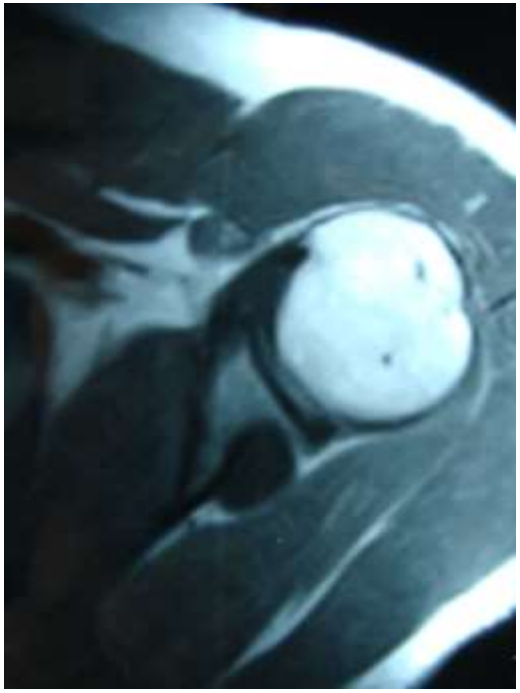
70 y. female with cuff tear

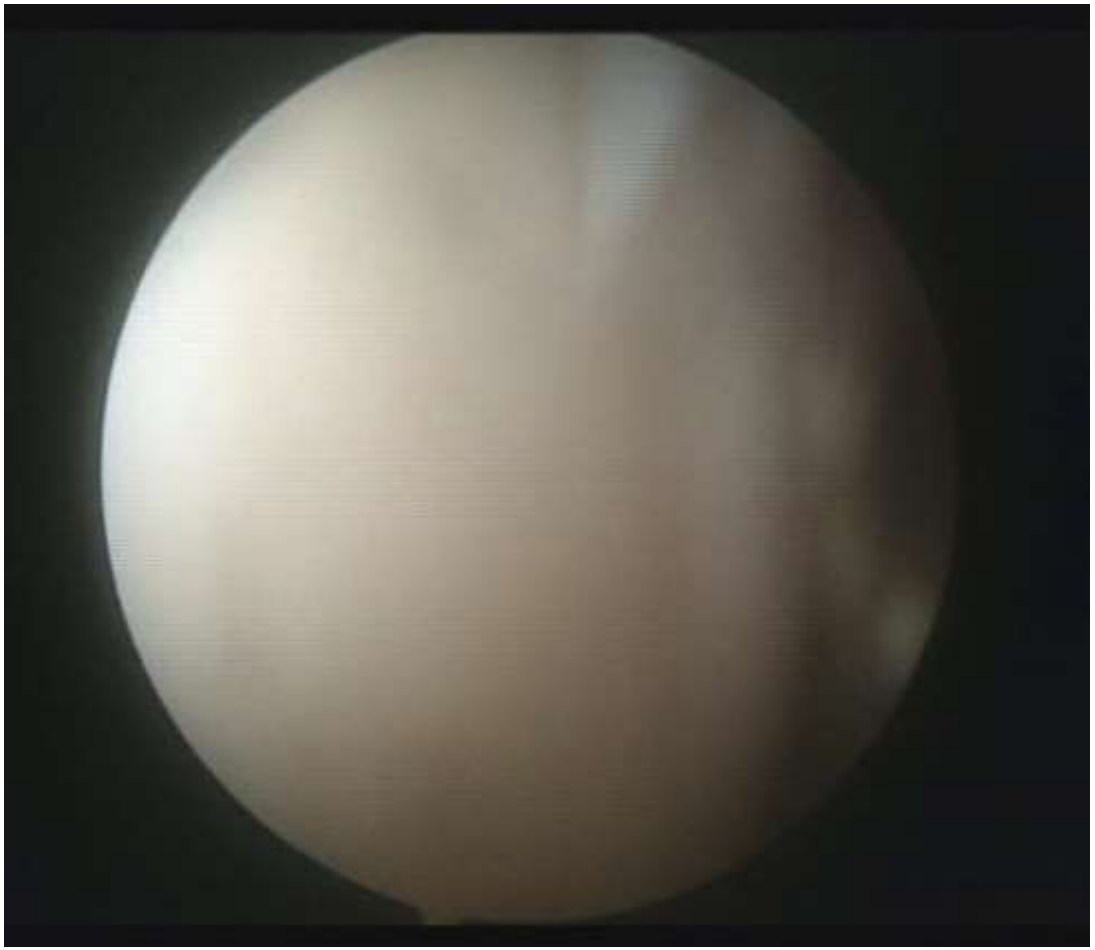


- **41 y. male with shoulder pain,**
  - Minimal Infraspinatus atrophy
  - ROM full
  - Weakness in Ext. rotation
  - MRI : cyst in spinoglenoid notch

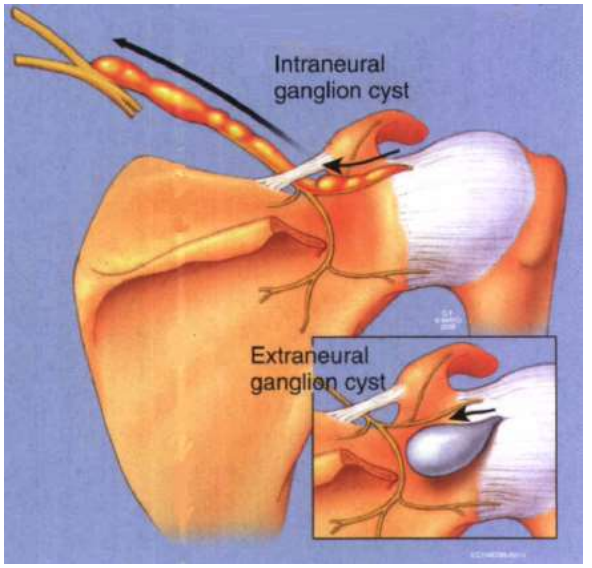




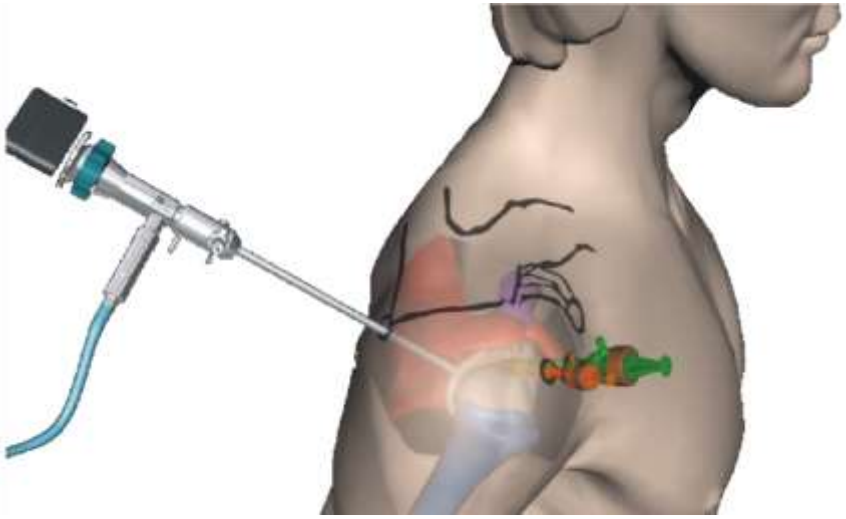







Summary



- Uncommon diagnosis
- EMG can help in suspensions cases
- Arthroscopic release is an alternative to open



Thank you for attention